

Thank you!



April 2023

**Talk & hike**

Saturday 29th in Machecoul or Challans - 2pm to 4pm

An one-hour-walk

Share your experience around a drink (offered)

**Marcher & papoter anglais : "talk & hike"**

Aleph Formations organise des marches papotage en anglais



Nous irons marcher en forêt, dans un parc, au bord de la mer ou en ville...  
Vous marcherez en binôme ou trinôme tout en bavardant en anglais et à votre rythme.  
Une formatrice coach expérimentée vous accompagne et vous guide.

Ouvvert à tous

Sur Machecoul & Challans

Accueillons les beaux jours in English...



Participation sur inscription préalable  
au : 06 86 92 82 73  
hanke.radio@gmail.com

Friday 21st & Saturday 22nd

I will attend the

"Employment Forum"



LES 21 & 22 AVRIL  
**BRADERIE**

SALON  
AIDE OCCASION  
FORUM  
DE L'EMPILOI



May 2023

**Saturday 13th in Challans**

**From noon (12H00) to 5pm**

During this afternoon, we will :

Prepare our meal together

Have lunch together

Games - exchanges - discussions...

Relaxation in English (optionnal)

A walk in the town or in a parc



All the activities will be exclusively in English, no French words are allowed :)  
Try to live this amazing experience together in a very simple way...

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**Talk & hike**  
**Saturday 20th in Challans**  
2pm - 4pm  
An one-hour-walk in the streets  
share your experience around a drink (offered)



June 2023

**Saturday 3rd in Challans**

**From 2pm to 4pm**

During these 2 hours, we will

Prepare a simple tea-time

together and enjoy it with a

drink.

All the activities will be exclusively in English, no French words are allowed :)

Amazing tea-time

